

SMOOTHIES

Kale Berry Smoothie	5.50
Seasonal Smoothie	5.50
Add yogurt, peanut butter	0.50
Add almond or soy milk	1.00

SALADS

Garden Salad Greens, veggies, maple vinaigrette.	7.00
Quinoa Salad Spinach, fresh mozzarella, olives, cucumbers, sun dried tomatoes, roasted red peppers, red wine vinaigrette.	8.00
Kale Caesar Croutons, parmesan, sundried tomato pesto.	8.00
Add Protein	3.00

BREAKFAST

Bagel or English Muffin	2.25
w/cream cheese or peanut butter	2.75
w/egg & cheese	4.95
w/egg, cheese & veggies	5.75
w/egg, cheese & meat	5.95
w/egg, cheese & sausage	6.45