

BREAKFAST

Bagel or English Muffin	2.25
w/cream cheese or peanut butter	2.85
w/egg & cheese	5.25
w/egg, cheese & veggies	5.95
w/egg, cheese & meat (bacon, ham, or sausage)	6.25
w/Lox	6.95

SALADS

Garden Salad	8.00
Greens, veggies, maple vinaigrette.	
Quinoa Salad	8.00
Spinach, sweet potato, goat cheese, red onion, dried cranberry, maple vinaigrette.	
Kale Caesar	8.00
Croutons, parmesan, sundried tomato pesto.	
Add Protein	3.00